

ENT ASSOCIATES

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VIDEONYSTAGMOGRAPHY

Commonly called **ENG** or **VNG**, this procedure is frequently used in the diagnosis of hearing loss, tinnitus, dizziness or vertigo. The entire test usually requires 1-1 ½ hours in the office.

Do **NOT** eat for 3 hours prior to the examination. Liquids may be taken, but **NO** alcoholic beverages for 24 hours before the appointment.

Do **NOT** take **SEDATIVES, TRANQUILIZERS, ANTIHISTAMINES** or **PAIN MEDICATION** for 48 hours prior to the evaluation. It is very important to discuss medications with your referring physician—he/she may feel it is necessary that you take certain medications. He/she can explain which medications are acceptable.

Since you will be lying/reclining on a table, it is suggested that ladies wear slacks. You may dress comfortably otherwise.

- **Absolutely, do NOT wear make-up around the eyes as it causes camera and/or electrode interference. This includes mascara, eye-liner and/or foundation.**

This test is time consuming but is seldom bothersome to the patient.

BRAIN STEM EVOKED RESPONSE

Also known as **BSER** or **ABR**. This test is basically an EEG, different from the EEG in that the responses pertain only to the auditory nerve pathways from the inner ear throughout the acoustic nerve to the brain stem.

There is absolutely no discomfort with regards to the test and the other response required is that the patient sit quietly and relax for 30-45 minutes. It is slightly noisy but otherwise painless.

Any customary medications may be taken but you should try and **FOLLOW THE SAME INSTRUCTIONS AS GIVEN FOR THE VNG/ENG.**

- **We recommend that someone drive you home after testing.**
- **Please call Dr. Jeff Brown's office with any other questions you may have at the above number.**